



WORLD
TAEKWONDO
MONROE/TRUMBULL



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Call ~ 203 - 892 - 7118

535 Monroe Turnpike B-4, Monroe, CT, 06468

	Mon	Tue	Wed	Thur	Fri	Sat
After School Taekwondo Programs		Christian Heritage 2:45 - 3:30	Daniels Farm 3:30 - 4:30	St. Catherine 2:30 - 3:30	Tashua 3:30 - 4:30	Private lesson 8:30 - 12:00
Little Tiger		5:35 - 6:05 (Age 3-5)			5:10 - 5:40 (Age 3-5)	
Level 1		4:10 - 4:50	5:00 - 5:40	4:50 - 5:30	4:30 - 5:10	Birthday Party 12:00 - 1:30
Level 2		4:50 - 5:30	5:40 - 6:20 Sparring Class	4:10 - 4:50 Sparring Class	5:40 - 6:20	
Level 1,2	4:20 - 5:00	6:05 - 6:45		6:10 - 6:50	4:30 - 5:10	
Level 3, 4 & 5	5:00 - 5:40		6:20 - 7:00	5:30 - 6:10	5:40 - 6:20	
Level 3,4 & 5	6:30 - 7:10		4:20 - 5:00			
Black Belt Club	5:40 - 6:30 BBC Full Sparring		7:00-7:50 BBC Full Sparring		6:20 - 7:10 BBC Full Sparring	
Junior & Adult		6:50 - 7:30		6:55 - 7:35 Sparring Class		
Private Lesson	7:10 - 7:40	7:30 - 8:00		7:35 - 8:05	7:10 - 7:40	